

Animal Welfare Expertise Course: Abnormal Repetitive Behaviours

A highly interactive, case-based course applying the latest science to one of the hardest animal welfare problems



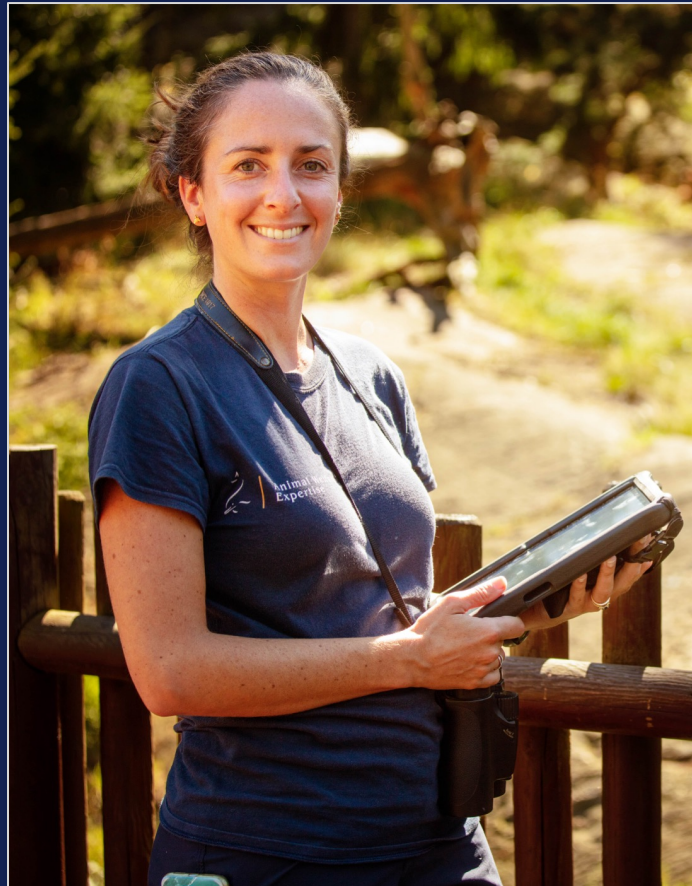
Course designed by
Animal Welfare Expertise, 2026



Animal Welfare
Expertise

www.animalwelfareexpertise.com

Who will deliver the course?



Course leader:
Dr Isabella Clegg

Founder & Director at AWE
Research areas: dolphin welfare; welfare assessment; anticipatory behaviour; cognitive bias; goal-based enrichment



Guest Speaker:
Professor Georgia Mason

University of Guelph
Research areas: stereotypic behaviour, Abnormal Repetitive Behaviours, farm animal welfare



Course support:
Dr Rhiannon Schultz

AWE welfare consultant
Research areas: gorilla nutrition, energetics, abnormal behaviour; wildlife rescue and conservation; pet nutrition

At AWE, our mission is to provide practical, science-led welfare support for those working with animals. Learn more at www.animalwelfareexpertise.com

Why a course in ARBs?



Abnormal Repetitive Behaviours (ARBs) are complex, multifactorial and are being continuously better understood with new research.

This course provides support and learning opportunities for those working in proximity to ARBs:

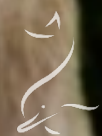
- The course is uniquely practical: you can bring an ARB case study, and through the course we'll design a ready-to-use intervention
- The focus will be zoo animals, but principles and interventions have application across species.



Course Overview

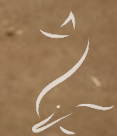
Format:

- 7 week live course (1.5 hours per week)
- ~30 participants
- One guest speaker session from world leading expert Prof. Georgia Mason
- One optional case-review session
- All sessions recorded (apart from case review)
- Recordings accessible for 1 year post-course
- Global timezone accommodation
- Weekly worksheets building intervention for participant's case study
- Certificate of Completion for Live session attendance



Live Weekly sessions

Session	Date	Time in BST (UK time)
Week 1: Foundations & Case Definition	June 25 2026	15:00
Week 2: ARBs & Welfare Interpretation	July 2 2026	18:00
Week 3: Goal-based activity budgets to combat ARBs	July 9 2026	15:00
Week 4: Intervention Designs	July 16 2026	08:00
Week 5: Expert speaker session	July 23 2026	15:00
Week 6: Chronic and complex ARBs	July 30 2026	18:00
Week 7: Final Case Review (Optional, Live session only, no recordings)	August 6 2026	15:00



Pricing

Discounts available for paid members of AWE's Learning Platform

Recordings only



- Recordings only
- Self-paced
- Access from August 2026, for 1 year
- No case study review session
- No Certificate of Completion

£99.00

Live sessions + recordings



- Live sessions, recordings & case study review
- Alternating timezones for live sessions
- Additional Q&A session each week
- Recording access for 1 year, from June 2026
- Certificate of Completion

£170.00

Organisational course



- Course also open to organisations and groups
- Email hello@animalwelfareexpertise.com for prices and options



Next Steps

- Book the course at www.animalwelfareexpertise.com/shop
- Get in contact with any questions at hello@animalwelfareexpertise.com
- Hope to see you there!

Connect with us



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